



MomsBloom

The newborn stage is a critical time.

MomsBloom knows how exhausted and overwhelmed parents can feel after the birth of a baby, and how much help they need at home. That's why MomsBloom was born - to give parents the support and community they need to parent with confidence. We recruit, train, and match volunteers with families to provide up to 12 weeks of hands-on postpartum support.

Who qualifies?

Our program focuses on families with newborns ages 0 to 3 months old living in the Greater Grand Rapids area. We encourage families to complete the online request form during pregnancy.

Your volunteer can...

- Watch and care for babies
- Watch and care for siblings
- Complete light housework (laundry, dishes, house pick-up)
- Help with meal prep
- Provide companionship and emotional support
- Give you time for self care (nap, shower, etc.)
- Provide parenting mentorship and answer questions
- Discuss community resources & help with referrals



"Knowing that I was alleviating some daily stress of caring for twins was very fulfilling. Becki was extremely appreciative of having an extra set of hands to help with household chores, to help care for the babies, and to give her much-needed breaks for a quick shower or phone call."

- Tara Allen, MomsBloom Volunteer



Supported by the Kent County Ready by Five Millage

To learn more and sign up,
go to www.momsbloom.org/support