

2020

Perinatal Grief and Loss Resources

Grand Rapids Area



Healthy Kent Perinatal
Mood Disorders Coalition

SOUL - Sharing Our Untimely Losses Parent Group - Supporting parents who have experienced the death of a baby by miscarriage, stillbirth or newborn death. Professionally facilitated support group at Spectrum Health Integrated Care, 2750 E Beltline Ave, NE 616-391-1753

Child Loss Program (includes pregnancy & infant loss) Kent County Health Dept. - Grief counseling and connection to resources provided by Public Health Nurses and Social Workers for families who have lost a child (ages 0-18 yrs.) or experienced a miscarriage or stillbirth. 616-632-7055, www.accesskent.com/Health/Families/loss.htm

Starlight Ministries/Cameron's Garden - Cameron's Garden gives newly bereaved parents somewhere to turn when so few understand, to offer a hand to hold, a shoulder to cry on, someone to help the families get started on a journey towards hope and healing 3376 Central Blvd, Hudsonville 616-662-1999 www.starlightmin.org/programs

Miscarriage and Infant Loss Support Group - Maternal Wellness Program
Wednesdays at 6pm, Grand Rapids Women's Health, 555 Midtowne, www.maternalwellnessprogram.org

Rush Creek Bible Church - HELD: Support for Mothers after pregnancy or infant loss. 3rd Monday of each month at 7pm, 2334 76th St., Byron Center, www.rushcreekbc.org/held
heldinourhearts@gmail.com

The Compassionate Friends - Parents supporting parents experiencing any child loss at any age. 3rd Thursday of each month at 7pm, St. Mark's Episcopal Church, 134 Division Ave., www.grtcf.org, 616-430-0905 or 616-258-4678 tcf.forourchildren@gmail.com

Therapists with specialty in Perinatal Grief and Loss:

Nancy Kingma RN, LLP, LPC, NCC

4127 Embassy Dr SE
Grand Rapids, MI 49546
(616) 264-3204 www.cawm.net

Kerrie Van Weelden LMSW

103 College Ave SE
Grand Rapids, MI 49503
616-287-9966 www.kerrievanweeldenlmsw.com

Cristina Stauffer LMSW

233 Fulton St East, Suite 226
Grand Rapids, MI 49503
616-581-4967 www.collaborativegr.com

Mary Zuidema LMSW

983 Spaulding Dr SE
Ada, MI 49301
616-773-2121

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Elsa Lockman LMSW

741 Kenmoor Ave SE, Suite B
 Grand Rapids MI 49546
 616-915-8324 www.mindfulcounselinggr.com

Karen Christopherson LMSW, CAADC

4519 Cascade SE, Suite. 2B
 Grand Rapids, MI 49546
 616-975-1159 www.TrilliumConsultants.com

Alysia Dendrinis LMSW, CAADC

360 East Beltline NE, Suite 100
 Grand Rapids, MI 49506
 616-805-3660 www.counselingcenterwm.org/alysia-dendrinis

Pine Rest Christian Mental Health Services

For a list of therapists who specialize in perinatal grief and loss, call the Contact Center: 866-852-4001
www.pinerest.org/find-a-clinician/

Michigan and National Programs and Websites:

www.starlegacyfoundation.org	Online Support Groups
www.perinatalhospice.org	Perinatal Hospice Programs in Michigan
www.gundersenhealth.org	“Resolve through Sharing” Bereavement Services
www.pregnancyafterlosssupport.com	PALS
www.glorybabies.com	www.griefshare.org
www.journeyofhearts.org	www.opentohope.com
www.firstcandle.org	www.mygriefangels.org
www.thetearsfoundation.org	www.climb-support.org
www.aheartbreakingchoice.com	www.nationalshare.org
www.glowinthewoods.com	www.emptyarmsbereavement.org

In Print:

A Silent Sorrow, Pregnancy Loss: Guidance & Support for You and Your Family – Kohn, I., Moffitt, P.-L.
 Empty Arms: Coping with Miscarriage, Stillbirth and Infant Death – Sherokee Ilse
 Empty Cradle, Broken Heart: Surviving the Death of Your Baby – Deborah Davis
 Grieving the Child I Never Knew: A Devotional for Comfort – Kathe Wunnenberg
 Mommy, Please Don't Cry: There Are No Tears in Heaven - Linda Deymaz
 Something Happened- Cathy Blanford
 Still to be Born: A Guide for Bereaved Parents Who are Making Decisions About their Future –
 Schwiebert, P., Kirk, P.
 When Hello Means Goodbye: A guide for parents whose child dies before birth, at birth, or shortly
 after birth – [www.Grief Watch.com](http://www.GriefWatch.com)
 Lactation After Loss pamphlet - www.emptyarmsbereavement.org/lactation