

Recommendations for LGBTQ+ Related Service Professionals



PHYSICIANS:

Dr. John T. Duhn, DO

Primary Care/Family Medicine/MC820

<https://findadoctor.spectrumhealth.org/physician/profile/777>

Spectrum Health Medical Group

4868-2 Lake Michigan Drive NW

Allendale, MI 49401

Phone: 616-391-2800

Additional Information: Prescribes hormones

Dr. Katherine Van Drunen, MD

Primary Care/Family Medicine/MC820

<https://findadoctor.spectrumhealth.org/physician/profile/4736>

Spectrum Health Medical Group

4868-2 Lake Michigan Drive NW

Allendale, MI 49401

Phone: 616-391-2800

Additional Information: Prescribes hormones

Nathan Pomeroy, MD

Endocrinology, Diabetes, and Metabolism

<https://findadoctor.spectrumhealth.org/physician/profile/2363>

Spectrum Health Medical Group

221 Michigan St NE #200

Grand Rapids, MI 49503

Phone: 616-267-8950

Daniel Shumer, MD

Pediatric Endocrinology, Pediatrics

<https://www.uofmhealth.org/profile/4144/daniel-evan-shumer-md>

Michigan Medicine Ped Endocrinology Clinic

C.S. Mott Children's Hospital, U of M

Floor 8 Reception B

1540 E Hospital Dr SPC 4259

Ann Arbor, MI 48109-4259

Phone: 734-764-5175

Additional Information: Prescribes hormones

Cyprian Gardine, MD

Endocrinology - Diabetes and Metabolism

https://www.mercyhealth.com/provider/1659583888_cyprian_gardine_md

Mercy Health Physician Partners - Diabetes and Endocrine Center

300 Lafayette Avenue SE, Suite 2045

Grand Rapids, MI 49503

Phone: 616-685-3098

Additional Information: Prescribes hormones

Laurie A. Birkholz, MD (insurance not accepted, HSA only)

Women's Health, Menopause Provider- Certified

<https://lauriebirkholzmd.com/>

11971 James St.

Holland, MI 49424

616-345-5263

Beth Peter, MD

Family Medicine - All ages

<http://www.lakewoodfamilymedicine.com/doctors.html>

Lakewood Family Medicine

382 N. 120th Ave.

Holland, MI 49424

616-396-6568

Conor Mullin, MD

Family Medicine

<https://metrohealth.net/find-a-doc/doctor/conorjamesmullin/>

Metro Health Southwest

2215 44th St. SW

Wyoming, MI 49519

616-252-8300

Lisa Lowery, MD

Adolescent and Pediatric Family Medicine, BIPOC

<https://findadoctor.spectrumhealth.org/physician/profile/1804>

Helen DeVos Children's Hospital - Adolescent Medicine

330 Barclay Ave. NE Suite 203 MC825

Grand Rapids, MI 49503

616-391-2123

Jean Talsma, DO

Internal Medicine, Hormone Replacement Therapy

<https://www.linkedin.com/in/jean-talsma-57121032>

Mercy Health - Heartside Health Center

359 S. Division Ave. Grand Rapids, MI 49503

616-685-3800

Yaw Appiagyei-Dankah, MD

Helen DeVos – Endocrinology & Primary Care, Children & Adolescents

<https://findadoctor.spectrumhealth.org/physician/profile/93>

35 Michigan St. NE Suite 1800

Grand Rapids, MI 49503

616-391-3933

University of Michigan Gender Services Program (17yo+)

<https://www.uofmhealth.org/conditions-treatments/transgender-services>

2025 Traverwood Dr., Suite A1

Ann Arbor, MI 48105

Phone: 734-998-2150

genderservices@med.umich.edu

Carlyn A. Hoepfner, MD

Internal Medicine *(does not prescribe controlled substances)

https://www.hollandhospital.org/hh/find-a-doctor/hoepfner_carlyn_a_md_226857.aspx

Holland Hospital Internal Medicine - Zeeland

8300 Westpark Way

Zeeland, MI 49464

Phone: (616) 748-5788

Cori Eklov, MD

Internal Medicine, Holland Hospital Physicians Group

https://www.hollandhospital.org/hh/find-a-doctor/eklov_corie_m_md_375.aspx

Holland Hospital Internal Medicine - North

3235 N. Wellness Drive

Holland, MI 49424

Phone: (616) 399-9522

Amie Hop, MD

Breast Care and Surgical Oncology - will do top surgeries

<https://findadoctor.spectrumhealth.org/physician/profile/808>

SHMG Breast Care Program and Surgical Services

145 Michigan St NE, Suite 4400

Grand Rapids, MI 49503

Phone: 616-486-6333

Kate Lyzenga-Dean, DC 

Functional and Integrative Medicine

Telemedicine, Online Appointments Available

www.drkateld.com

drkate@drkateLD.com

Zoey O'Brien

LGBTQIA+ Patient Navigator
Corewell (formerly Spectrum) Health
zoey.obrien@spectrumhealth.org
(616) 267-9488



PSYCHIATRISTS:

Gerald Schmuker, MD

Child/Adolescent Psychiatrist (also sees adults 24 years and younger)

https://guided-development-family-psychiatric-care.business.site/?utm_source=gmb&utm_medium=referral

205 W 29th Street, Suite 10
Holland, MI 49423
Phone: (616) 566-5441

Jim Dumerauf, MD

Psychiatrist

<https://www.hollandhospital.org/hh/behavioral-health-overview.aspx>

602 Michigan Avenue
Holland, MI 49423
Phone: 616-394-3350

Erin Heavilin, PMHNP

Psychiatric Nurse Practitioner

<https://westmichiganpsychologicalservices.com/>

West Michigan Psychological Services
890 Washington Avenue, Suite 150
Holland, MI 49423
(616) 512-2611

Elizabeth Kowal, MD

Pediatric/Adolescent Psychiatrist

<https://findadoctor.spectrumhealth.org/physician/profile/1616>

Helen DeVos Children's Hospital - Pediatric Behavioral Health
35 Michigan St. NE Suite 5201
Grand Rapids, MI 49503
616-267-2830

Jennifer Bowden, MD

Psychiatrist

<https://findadoctor.spectrumhealth.org/physician/profile/4898>

35 Michigan St. NE, Suite 5201

Grand Rapids, MI 49503

Phone: 616-267-2830

Susanne Boyd, PA-C

Psychiatric Physicians Assistant

Susanne treats individuals over the age of 18.

<https://pinterest.org/clinician/susanne-boyd/>

926 Washington Ave, Ste 210

Holland, MI 49423

Phone: 866-852-4001

THERAPISTS:

( Mental health providers who have attended OOTL approved training)

Krista K Oliver, PhD 

Licensed Clinical Psychologist

Dr. Oliver has facilitated Gender SAFE since its inception in 2015 and she does individual therapy at the Pine Rest Holland Clinic.

<https://www.pinterest.org/clinician/krista-oliver/>

926 Washington Avenue, Suite 210

Holland, MI 49423

Phone: 616-820-3780

To schedule a new appointment, call: 866-852-4001

Joanne Vanden Berg, MA, LLP

Psychotherapist

1253 Euna Vista Ct.

Holland, MI 49423 Phone: 616-796-0302

joannevb522@gmail.com

Diane Wiersma, LMSW, ACSW

<https://www.dianewiersma.com/>

Counseling-Psychotherapy-Consultation

36 West 8th Street, Suite 250

Holland, MI 49423

Phone: 616-796-6635

diane@dianewiersma.com

Lori M. Bray, Ph.D., L.P.

Licensed Psychologist - (2) Locations

Address 1:

North Kent Guidance Services, LLC

5250 Northland Drive, Suite A

Grand Rapids, MI 49525

Phone: 616-361-5001

Address 2:

106 S. Greenville West Dr.
Greenville, MI 48838
Phone: 616-754-2364

Molly Hubbard, LMSW 

Willow Path Counseling Services
5955 West Main Street, Suite 504
Kalamazoo, MI 49009
(269) 220-0644

<https://www.therapyden.com/therapist/molly-ballantyne-kalamazoo-mi>

Linda Herrin, MA, LPC

Licensed Professional Counselor

<https://www.psychologytoday.com/us/therapists/linda-l-herrin-kalamazoo-mi/397253>

Kalamazoo Psychotherapy
Kalamazoo, Michigan 49001
Phone: 269-580-8246

April Allen, MA, CAAC

Limited Licensed Psychologist

<https://www.pinerest.org/clinician/april-allen/>

Pine Rest - Caledonia Clinic
9090 South Rodgers Court, Suite D
Caledonia, MI 49316
Phone: 616-891-8770
To schedule a new appointment, call: 866-852-4001

Jason Kae-Smith, LMSW, CST

<http://www.jasonkae-smith.com/>

2020 Raybrook Ave SE, #203
Grand Rapids, MI 49546
Phone: 616-690-0010
jason@jasonkae-smith.com

Deborah D. Spoons, MA, CIRT

Psychotherapist

<http://westshorecounseling.org/>

2020 Raybrook St, SE Ste. 203
Grand Rapids, MI 49546
Phone: 616-638-4671
dspoors@iserv.net

Jen Bauer, PH.D

Licensed Clinical Psychologist

<http://debh.org/team/jen-bauer/>

854 Washington Ave. Suite 600
Holland Mi 49423
Phone: 616-499-2218
jbauer@debh.org

Lynn Stubbs, LMSW

Psychotherapist, Speciality: Trauma

<https://www.psychologytoday.com/us/therapists/lynn-stubbs-holland-mi/94153> 222

S. River Ave. Suite 201

Holland, MI 49423

Phone: 616-552-4349

Ann McKnight, LMSW

<https://www.psychologytoday.com/us/therapists/ann-mcknight-holland-mi/94789>

Psychotherapist, Specialty: Trauma

222 S. River Ave. Suite 201 Holland, MI 49423

Phone: 616-710-3904

Kim Richardson, LMSW, LPC, LCPC

Psychotherapist

<https://www.psychologytoday.com/us/therapists/trauma-and-ptsd/49423/187024?sid=60380a0013271&ref=10&tr=ResultsRow>

186 South River Avenue, Suite 7

Holland, MI 49423

Phone: 312- 300-6563

Theresa Gargala, PhD, LPC, CDWF 

Psychotherapist

<https://www.drtheresagargala.com/>

653 Michigan Avenue

Holland, Michigan 49423

dr.theresagargala@gmail.com

Phone: 269-815-8125

Jenna Nienhuis, MDiv, LMSW 

Psychotherapist, Child Specialty

<https://www.psychologytoday.com/us/therapists/jenna-nienhuis-holland-mi/38902> 0

3124 N Wellness Dr

Suite 30

Holland, MI 49424

(616) 201-3335

Michelle Sheridan, LMFT

Psychotherapist

<https://timeforachangetherapy.com/>

186 S River Avenue, Suite #1

Holland, MI 49423

(616) 202-5257

Jennifer Kates, LMSW

Psychotherapist

<https://www.psychologytoday.com/us/therapists/jennifer-w-kates-holland-mi/401642>

36 West 8th Street

Suite 200 Holland, MI 49423

(616) 499-6087

Becky Vandervelde, LMSW

Psychotherapist

<https://www.psychologytoday.com/us/therapists/becky-vandervelde-holland-mi/26110> 3

499 Century Lane, Suite 50

Holland, MI 49423

(616) 371-5032

Bethany, A. S. Cramer, MA, LPC, NCC

Psychotherapist

<http://daybreakllc.com/>

3124 N Wellness Drive, Suite 30

Holland, MI 49424

(616) 209-4150

John L. Gibson, PhD

Psychotherapist

<https://www.johngibson-phd.com/>

12930 James St STE 130

Holland, MI 49424

(616) 218-8059

Jean Chamness Russner, MA, LLP 

Psychotherapist

<https://www.psychologytoday.com/us/therapists/jean-chamness-russner-holland-mi/3> 99935

205 W. 29th St., Suite 10

Holland, MI 49423

(616) 219-8286

Laura Swain, LPC, CAADC

Psychotherapist, Substance Abuse Speciality

<https://www.psychologytoday.com/us/therapists/laura-swain-holland-mi/470562> 388

Garden Ave

Holland, MI 49424

(616) 208-4884

Llena Chavis, PhD, LMSW

Psychotherapist

<https://www.psychologytoday.com/us/therapists/llena-chavis-holland-mi/269703>

729 Lincoln Ave.

Holland, MI 49423

(616) 312-2421

Chris Bazan, LMSW

Psychotherapist

<https://www.hollandhospital.org/hh/behavioral-health-overview.aspx> 854

Washington Avenue, Suite 330

Holland, MI 49423

Phone: (616) 355-3926

Michael Jansen, PhD

Psychotherapist

<https://www.hollandhospital.org/hh/behavioral-health-overview.aspx>

854 Washington Avenue, Suite 330

Holland, MI 49423

Phone: (616) 355-3926

Judith Vereyken, LMSW, CAADC

Psychotherapist, Substance Abuse Specialty

<https://www.hollandhospital.org/hh/behavioral-health-overview.aspx>

854 Washington Avenue, Suite 330

Holland, MI 49423

Phone: (616) 355-3926

Rebecca Klott, PhD

Psychotherapist

<https://www.psychologytoday.com/us/therapists/rebecca-klott-grand-rapids-mi/148467>

1000 Monroe NW

Grand Rapids, MI 49503

(616) 678-3063

Brian Boggiano, LMSW

Psychotherapist

<https://www.pinerest.org/clinician/brian-boggiano/>

926 Washington Ave. Suite 210

Holland, MI 49423

Phone: 616-820-3785

Stacy McNeely, LMSW, ACSW

Psychotherapist

<https://stacymcneely.com/>

36 W 8th St

Suite 250

Holland, MI 49423

(616) 952-2537

Steve Thomas, PhD 🌈

Psychotherapist

<https://www.pinerest.org/clinician/stephen-thomas/>

926 Washington Ave. Suite 210

Holland, MI 49423

Phone: 616-820-3785

Tonya McKerchie, LPC

Psychotherapist

<https://www.pinerest.org/clinician/tonya-mckerchie/>

926 Washington Ave. Suite 210

Holland, MI 49423

Phone: 616-820-3785

Karen Wassink, LMSW

Psychotherapist

3124 North Wellness Drive

Holland, MI 49424

Phone: 616-786-3304

Brenna R. Bernocke, LMSW

Psychotherapist

https://www.hollandhospital.org/hh/find-a-doctor/vernocke_brenna_r_lmsw_130245.a_spx

854 Washington Avenue, Suite 330

Holland, MI 49423

Phone: (616) 355-3926

Kate Smaller, PhD

Psychotherapist

<https://katesmaller.com/>

6541 Blue Star Hwy.

Saugatuck, MI 49453

(312) 800-1567

Sarah Zuidema, LMSW

Psychotherapist, Specialty: Trauma and Sexual Abuse

www.alliancecounselinggroup.com

Alliance Counseling Group

4124 56th St. SW Suite 4

Grandville, MI 49418

Phone: 616-222-0631

szuidema@alliancecounselinggroup.com

April Kaiserlian, LMSW

<https://www.aprilkaiserlian.com/>

983 Spaulding Ave. NE

Ada, MI 49301

april@aprilkaiserlian.com

Phone: 616-826-1574

Sarah Saunders, LMSW

Psychotherapist

https://www.psychologytoday.com/us/therapists/sarah-saunders-grand-rapids-mi/710_836

1324 Lake Dr. SE, Suite 8

Grand Rapids, MI 49506

(616) 253-6602

Elizabeth Raese, PhD

Psychotherapist

Ada, MI

dr.elizabeth.raese@gmail.com

616-284-1360

Ashleigh Tobin, MA LPC

Psychotherapist

www.tobin-counseling.com

1415 Lake Dr. SE, Suite 202

Grand Rapids, MI 49506

616-425-9245

Joanne Nemecek, LMSW

Psychotherapist

www.advancedcounselinandtherapyservices.com

2020 Raybrook Ave. SE, Suite 305

Grand Rapids, MI 49546

616-226-9083

Kayla Maroney, MA LLPC

Psychotherapist

www.advancedcounselingandtherapyservices.com

2020 Raybrook Ave. SE, Suite 305

Grand Rapids, MI 49546

616-213-0044

Amy L. Ver Wey, MA LLP

Psychotherapist

www.rivercitypsychological.com

1000 Monroe Ave. NW

Grand Rapids, MI 49509

219-979-6696

Kimberley A. Kunze, PsyD

Psychotherapist

www.pinerest.org

300 68th St. SE Building A, Entrance A2

Grand Rapids, MI 49548

616-258-7429

Amy Byerley, PhD

Psychologist, Pediatric and Adolescent Speciality

<https://findadoctor.spectrumhealth.org/physician/profile/4588>

35 Michigan St. NE Suite 5201

Grand Rapids, MI 49503

616-267-2830

Sue Dilsworth, PhD

Psychotherapist

www.heartsjourneywellness.com

6189 Lake Michigan Dr.

Allendale, MI 49401

616-307-1617

Stephanie Kitchen, MS LPC

Psychotherapist

www.communitywellnessassociates.org

950 Taylor Ave. Suite 100

Grand Haven, MI 49415

616-414-2167

Raymond L. Sheets Jr., PhD

Psychotherapist

www.rivercitypsychological.com

1000 Monroe Ave. NW
Grand Rapids, MI 49509
616-259-7207

Ryan Townes, MA, LPC

Psychotherapist, Transgender + BIPOC specialty

<https://www.psychologytoday.com/us/therapists/anxiety/mi/grand-rapids/467144?sid=60777b7748dd1&ref=1&tr=ResultsRow>

360 East Beltline Avenue Northeast
Grand Rapids, MI 49506
(616) 208-5832

Andrea Beck-Lundskow, LMSW

Psychotherapist

<https://www.grspecialtytherapy.com/andrea-beck-lundskow>

630 Kenmoor Ave SE, Suite 103
Grand Rapids MI 49546
Andrea.Beck-Lundskow@GRSpecialtyTherapy.com
616-213-3302

Justine Braford, LMSW, CST

Psychotherapist, Speciality in sexual behaviors and different sexual desires

<https://www.grspecialtytherapy.com/justine-braford>

630 Kenmoor Ave SE, Suite 103
Grand Rapids MI 49546
Justine.Braford@GRspecialtytherapy.com
616-901-6818

Megan Coleman, LMSW

Psychotherapist, Speciality w/ Children & Adolescent Clients

<https://www.grspecialtytherapy.com/megan-coleman>

630 Kenmoor Ave SE, Suite 103
Grand Rapids MI 49546
Megan.Coleman@GRSpecialtytherapy.com
616.229.4680

Sharon Depcinski, LMSW

Psychotherapist, Specialty in LGBTQ and aging

<https://www.grspecialtytherapy.com/sharon-depcinski>

630 Kenmoor Ave SE, Suite 103
Grand Rapids MI 49546
Sharon.Depcinski@GRspecialtytherapy.com
616.690.0640

Audrey Mitchell, LMSW

Psychotherapist, Specialty Addictions and differing sexual desire

<https://www.grspecialtytherapy.com/audrey-mitchell>

630 Kenmoor Ave SE, Suite 103
Grand Rapids MI 49546
Audrey.Mitchell@grspecialtytherapy.com
616.426.9869

Hannah Sullivan, LMSW

Psychotherapist

<https://www.grspecialtytherapy.com/hannah-sullivan>

630 Kenmoor Ave SE, Suite 103

Grand Rapids MI 49546

Hannah.Sullivan@GRspecialtytherapy.com

P: 616-303-0755

Ashleigh Tobin, MA, LPC

Psychotherapist

Tobin Counseling

<https://www.tobin-counseling.com/ashleigh>

Grand Rapids, MI

ashleigh@tobin-counseling.com

616.425.9245

Meg Six, MA, LLMFT

Psychotherapist, Speciality in Marriage and Family

Tobin Counseling

<https://www.tobin-counseling.com/meg>

Grand Rapids, MI

Meg@tobin-counseling.com

616.383.9656

Chelsea O'Day-Navis, LPC, CTP

Psychotherapist, Speciality in Contemplative and Buddhist practices Tobin Counseling

<https://www.tobin-counseling.com/chelsea>

Grand Rapids, MI

Chelsea@tobin-counseling.com

616.803.8889

Faith Lyons, LLPC, ATR-P

Psychotherapist, Specialty in Art Therapy

Tobin Counseling

<https://www.tobin-counseling.com/faith>

Grand Rapids, MI

Faith@tobin-counseling.com

616.723.0293

Kat Knox, LLMSW, CPT

Psychotherapist, Specialty in Trauma

Tobin Counseling

<https://www.tobin-counseling.com/kat>

Kat@tobin-counseling.com

616.541.9108

Lori Wenglikowski, LMSW, CADC-M 

Psychotherapist, Specialty in Addiction and Recovery

<https://arborcircle.org/therapists/>

Arbor Circle- Holland

412 Century Lane, Holland MI 49423
616-396-2301

Adrienne Bailey, LMSW, CTP 

Psychotherapist, Specialty in Childhood Trauma and Abuse

<https://cac-ottawa.org/>

Children's Advocacy Center

12125 Union St.

Holland, MI 49424

616-393-6123

Sara A. Showalter Van Tongeren, LMSW* 

Psychotherapist, Specialty in religious trauma, Teletherapy

<https://saravantongeren.com/>

saravantongeren@gmail.com

616-827-7807

(*OOTL Board Member 2021-2024)

SUICIDE PREVENTION:

Community Mental Health Help Lines:

Holland/Zeeland: 616-396-HELP (4357)

Grand Haven/Spring Lake: 616-842-HELP (4357)

All other areas (toll free): 1-800-512-HELP (4357)

The Trevor Project:

1-866-488-7386 (or) Text "START" to 678678

Online chat: <https://www.thetrevorproject.org/get-help-now>

National Suicide 24/7 Help Line: 1-800-273-TALK (8255)

- In an emergency, call 911 or go to your nearest emergency room.
- For non-life threatening information, call 211.
- In October 2021 will be accessible by dialing 988

National Crisis 24/7 Support Text Hotline

- Text HOME to 74174

PHARMACISTS:

Jessica Stafford-Ash

Pharmacist

Walgreens Pharmacy

780 Washington Avenue

Holland, MI 49423

Phone: 616-396-0098, Ext. 1

Email: rxm.10515@store.walgreens.com

Lisa Rackow

Pharmacist
CVS Pharmacy, inside Target
3456 W Shore Drive
Holland, MI 49424
Phone: 616-820-0094

VOICE COACHES:

Elizabeth Terrell

WMU Theater Department
<https://wmich.edu/theatre/directory/terrel>

Libby Smith M.A., CCC-SLP

Holland Hospital Outpatient Services - Speech Therapist
Libby is LGBTQ affirming and supportive. She has knowledge and interest in doing voice therapy with anyone who is transgender and gender-nonconforming. She recently went to a training. If interested, you do need a referral from a physician. The referral can be faxed to 616-395-8791. You can talk to your PCP about putting Unspecified Dysphonia or Resonance Disorder as diagnosis so that hopefully it would be covered by your insurance.

Bethany Erickson M.A., CCC-SLP

Holland Hospital Home Health - Speech Language Pathologist
Bethany treats disorders of swallowing, speech, voice, and cognition for people who are home-bound. A physician referral meeting guidelines for home-bound status is required.

Voice Lab (based in Chicago, but does online Zoom/HIPAA compliant coaching)

<https://www.thevoicelabinc.com/>

SKIN CARE / LASER TREATMENT:

Kalee Wolthuis

Registered Electrologist & Trained in Laser Hair Removal
<https://www.bronsonhealth.com/locations/bronson-skin-care-cosmetic-laser-center-portage/>
Bronson Skin Care & Cosmetic Laser Center - Portage
7901 S. 12th Street, Suite 100
Portage, MI 49024
Phone: 269-375-2672
Audio Interview with Kalee:
https://www.youtube.com/watch?time_continue=157&v=Ex-eQmXFSFc

Kristi Hanshaw RE

Professional Electrolysis
<https://www.professional-electrolysis.com/>
9964 Cherry Valley SE
Caledonia, MI 49316
Phone: 616-891-2400 (must leave a message)

Ideal Image - Laser Hair Removal

3659 28th Street SE
Grand Rapids, MI
616-328-6420

Gentle Touch - Laser Hair Removal/Electrolysis

2976 Ivanrest Ave. SW #235

Grandville, MI 49418

616-447-9393

SURGEONS:

Dr. G. Paul Wright, MD

Breast Care and Surgical Oncology

<https://findadoctor.spectrumhealth.org/physician/profile/4887>

SHMG Breast Care Program and Surgical Services

145 Michigan Street NE, Suite 4400

Grand Rapids, MI 49503

Phone: 616-486-6333

Dr. Amie Hop, MD

Breast Care and Surgical Oncology (will do top surgeries)

<https://findadoctor.spectrumhealth.org/physician/profile/808>

SHMG Breast Care Program and Surgical Services

145 Michigan St NE, Suite 4400

Grand Rapids, MI 49503

Phone: 616-486-6333

ENT (Ears Nose & Throat):

Dr. Peter Hoekman

<https://www.lakeshorehealthpartners.com/ear-nose-throat-dr-peter-hoekman>

Lakeshore Health Partners

Address 1: Address 2:

577 Michigan Ave. | Suite 101 Health Pointe ENT

Holland, MI 49423 15100 Whittaker Way

Phone: 616-393-2190 Grand Haven, MI 49417

OPHTHAMOLOGISTS:

Rebecca Jacquemin, O.D.

<http://www.lakeshoreeyecare.com/team-view/rebecca-jacquemin-o-d/>

11971 James Street

Holland, MI 49424

Phone: 616-395-0606

Email: lechol@lakeshoreeyecare.com

PHYSICAL THERAPISTS:

Sarah Bansen PT, Cert. MDT

Spectrum Health Hospitals Outpatient Rehabilitation Services

588 East Lakewood Blvd

Holland, MI 49424

Phone: 616-494-5892

HAIR STYLISTS / MAKE-UP:

Black Tulip Salon
12330 James Street
Suite B60
Holland, MI 49424
(616) 377-7778

Chiqueta McDonald
Proprietress
Imagery Hair Design Studio
451 Columbia Ave, Suite D
Holland MI 49423
Phone: 616-594-537
www.imageryhairdesign.com

Mary Leslie
Owner
The Leslie Studio
4290 Cascade Rd. S. E.
Grand Rapids, MI. 49546
616-942-9322
www.thelesliestudio.com

Salon Mia Bella, Hair & Nails
4543 Grand Haven Rd.
Muskegon, MI. 49441
231-798-9595
<https://www.facebook.com/mia.bella.3762?ref=bookmarks>

BINDERS:

gc2b
<https://www.gc2b.co/>

FLAVNT
<https://www.flavnt.com/>

Underworks
<https://www.underworks.com/>

Resources for unsupportive and struggling to be supportive families:

The Family Acceptance Project:

<https://familyproject.sfsu.edu/>